



# Cool Schools Challenge on "Frigid Friday!"



**PLUNGE WITH US ON FRIDAY!**

You spoke, we listened! Designed exclusively for schools participating in the Cool School Challenge, "Frigid Friday" offers an alternate activity for school groups that find it more convenient to plan a field trip and travel to the event as a group during the school day. Here are some fun things that are sure to make you cooler than any other school when you freeze your fur off on "Frigid Friday!"

## "Frigid Friday" Exclusives

- Earn Service Learning Credits!
- A team that plunges together travels together!
  - Bus and car parking will be available on Friday at Sandy Point for all schools participating
- "Frigid Friday" customized Long Sleeve Tee for all Plungers!
- Special Incentives for different fund-raising levels
- Live coverage on WBAL-TV 11
- NO ALCOHOL allowed in or on park premises
- Plunge with an athlete of Special Olympics!
  - We'll pair you with an athlete from your region to take the Plunge together- because it feels good to do good, especially in a group!
- Take your team to the Group Photo Station!
  - We'll have a photographer on site for school teams plunging!
- Bring your mascot!
  - We will be hosting contests like:
    - Best Overall Costume
    - Cutest Cub Contest



## "Frigid Friday" Event Info

**Date:** Friday, January 29, 2010  
**Event Hours:** 10:30am-1pm  
**Plunge Time:** Noon  
**Location:** Sandy Point State Park, Annapolis  
**Prizes:** "Top Teacher"  
 "Star Student"  
 "Top School"

**DON'T BE LEFT OUT IN THE COLD... REGISTER TODAY!**

**QUESTIONS?**  
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**ALSO VISIT**  
[WWW.PLUNGEMD.COM](http://WWW.PLUNGEMD.COM) &  
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