



Be a fan.



## show your "COOL" spirit!!!



### Plunge into the fun at Plungapalooza '10

Why not have fun, help people, feel good about yourself and **EARN SERVICE LEARNING CREDITS** all at the same time! Show your school spirit by creating a "Cool School" team and raising money for Special Olympics Maryland.

- ✚ Individual Team Member fund-raising incentives:
  - ✚ Level 1: (Minimum of \$35): Official "Cool School" Long Sleeve T-Shirt and complimentary lunch on Plunge Day
  - ✚ Level 2: (Minimum of \$100): PBP Gym Bag + Level 1 Incentive
  - ✚ Level 3: (Minimum of \$250): PBP Beach Towel + Level 1 & 2 Incentive
- ✚ Special Team Award fund-raising incentives:
  - ✚ \$1500 Team Total by Dec. 21<sup>st</sup> receives "Cool School" Fleece Hats
  - ✚ \$5000 Team Total by Jan. 18<sup>th</sup> receives "Cool School" personalized sweatshirts with school colors & team name
- ✚ Top fundraiser in each division will win a trophy:
  - ✚ Elementary Schools
  - ✚ Middle Schools
  - ✚ High Schools
  - ✚ Private Schools
- ✚ Top Overall Fundraiser will win the coveted "Cool School" trophy, as well as a grand prize TBD.

### general event info

**Date:** Saturday, January 30, 2010  
**Event Hours:** 8am-4pm  
**Plunge Times:** 1pm or 3pm  
**Location:** Sandy Point Park, Annapolis

### facts

1. When registering a new team, the name *MUST* be entered as follows:  
**School Name - Team Name**
2. Non-school members (family, friends) are allowed to join a school team.
3. You must have a parent/guardian signature if you are under 18 yrs old.
4. Teams must have a chaperone on Plunge day.

### Frigid Friday Info

**Date:** Friday, January 29, 2010  
**Event Hours:** 10:30am-1pm  
**Plunge Time:** Noon

Designed exclusively for schools participating in the Cool School Challenge, Frigid Friday offers an alternate activity for school groups that find it more convenient to plan a field trip and travel to the event as a group during the school day.

*\*Please see our FRIGID FAQ for information on how to take part in this exclusive event!\**

DON'T BE LEFT OUT IN THE COLD....  
 REGISTER TODAY!

QUESTIONS?  
 CONTACT Meghan Wilson  
 410-789-6677 x 140, OR  
[PLUNGE@SOMD.ORG](mailto:PLUNGE@SOMD.ORG)

VISIT  
[WWW.PLUNGEMD.COM](http://WWW.PLUNGEMD.COM)  
 AND CLICK ON THE COOL SCHOOL LOGO FOR MORE INFO



# 14<sup>th</sup> ANNUAL MSP POLAR BEAR PLUNGE \* SANDY POINT STATE PARK

## PLEDGE FORM

To register day-of, simply bring this pledge sheet to the event  
 To pre-register, call 410-789-6677 x503 or 1-800-541-7544 x503 (MD Only) or, visit [www.plungemd.com](http://www.plungemd.com)  
 Feel free to copy this form to add additional donors. **PLEASE PRINT CLEARLY!!**

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Sweatshirt Size (circle one): S M L XXL XXXL (Size ONLY guaranteed with pre-registration)

**TOTAL RAISED: \$** \_\_\_\_\_

DONOR' NAME	ADDRESS	PHONE	AMOUNT
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15.			

**WAIVER AND RELEASE:** In consideration of participating in the Special Olympics Maryland 14<sup>th</sup> Annual MSP Polar Bear Plunge, I represent that I understand the nature of the Polar Bear Plunge events and that I and/or my minor child am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I and/or my minor child believe event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Activity. I fully understand that Polar Bear Plunge events involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of my and/or my minor child's participation in the Activity. I hereby release, discharge, and covenant not to sue Special Olympics, Inc., Special Olympics Maryland, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child's behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim. I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Participant Signature/ or Parent Guardian Signature (if under the age of 18) \_\_\_\_\_ Date \_\_\_\_\_

I give my permission for photographs taken at the event in which my image, or the image of any of my minor children appears, to be used for promotional and/or advertising purposes by Special Olympics Maryland, Inc., without compensation to me or my minor children.

Participant Signature/ or Parent Guardian Signature (if under the age of 18) \_\_\_\_\_ Date \_\_\_\_\_