



Be a fan.



Join the Cool School Challenge on "Frigid Friday!"



We Want YOU to Plunge With US!

It's back in 2012, and you can once again choose from two great events! School groups participating in the **Cool Schools Challenge** can participate at either 1 or 3 p.m. on Saturday, Jan. 28 during the regularly scheduled Plunges, OR take part in the 3rd Annual Frigid Friday event on Jan. 27 at Noon. Not only does this schools-only event provide a safe environment for our youth Plungers, and allow students to earn service learning credits, but it is also a great opportunity to promote and highlight your school!

"Frigid Friday" Exclusives

- Enjoy the opportunity to earn Service Learning Hours
- A team that plunges together travels together!
 - Bus and car parking will be available on Friday at Sandy Point for all schools participating
- A Polar Bear Plunge sweatshirt for all Plungers raising \$50
- Special Incentives for different fund-raising levels
- Live coverage on WBAL-TV 11
- NO ALCOHOL allowed in or on park premises
- Plunge with an athlete of Special Olympics MD!
- Participate in Unified Sports Demonstrations
- Take part in Maryland's largest Youth Rally by pledging to Spread The Word To End The Word!

"Frigid Friday" Event Info

Date: Friday, January 27, 2012
Event Hours: 10:00am-1pm
Plunge Time: Noon
Location: Sandy Point State Park, Annapolis
Prizes: ~Top Fundraising Plunger
 ~Top Fundraising Team
 ~ Individual Incentives by levels

*Note: Cool School Challenge participants are not limited to plunging on Frigid Friday, and will still be eligible in the Challenge if participating in Saturday's Plunge.



QUESTIONS?
 CONTACT Meghan Wilson
 410-242-1515 x 140 OR
MWILSON@SOMD.ORG
 ALSO VISIT WWW.PLUNGEMD.COM /
 SIGN ME UP/COOL SCHOOL CHALLENGE



3rd ANNUAL FRIGID FRIDAY COOL SCHOOL CHALLENGE PLUNGE 16th ANNUAL MSP POLAR BEAR PLUNGE * SANDY POINT STATE PARK PLEDGE FORM

To register day-of, simply bring this pledge sheet to the event
To pre-register, call 410-242-1515 x503 or 1-800-541-7544 x503 (MD Only) or, visit www.plungemd.com
Feel free to copy this form to add additional donors. **PLEASE PRINT CLEARLY!!**

Name: _____ Phone: _____
Address: _____ City: _____
State: _____ Zip: _____ Email: _____
Sweatshirt Size (circle one): S M L XXL XXXL (Size ONLY guaranteed with pre-registration)

TOTAL RAISED: \$ _____

DONOR' NAME	ADDRESS	PHONE	AMOUNT
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			

WAIVER AND RELEASE: In consideration of participating in the Special Olympics Maryland MSP Polar Bear Plunge, I represent that I understand the nature of the Polar Bear Plunge events and that I and/or my minor child am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I and/or my minor child believe event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Activity. I fully understand that Polar Bear Plunge events involve risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of my and/or my minor child's participation in the Activity. I hereby release, discharge, and covenant not to sue Special Olympics, Inc., Special Olympics *Maryland*, its respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the "releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk I, or anyone on my and/or my minor child's behalf, makes a claim against any of the Releasees, I will indemnify, save, and hold harmless each of the releasees from any loss, liability, damage, or cost which any may incur as the result of such claim. I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

Participant Signature/ or Parent Guardian Signature (if under the age of 18) Date

I give my permission for photographs taken at the event in which my image, or the image of any of my minor children appears, to be used for promotional and/or advertising purposes by Special Olympics Maryland, Inc., without compensation to me or my minor children.

Participant Signature/ or Parent Guardian Signature (if under the age of 18) Date